# LTYA Cheer Information 2024 & FAQ's

# LTYA is offering two Cheer programs for Fall 2024

LTYA Recreational Cheer: Will perform at the LTYA Fall NFL Flag Football games on Saturday mornings. All skill levels are welcomed and no tryouts.

LTYA Pop Warner Cheer: Will perform at LTYA Fall Pop Warner Tackle Football games on Saturdays. All skill levels are welcomed, no tryouts, paperwork required, and squad travel optional.

LTYA Cheer programs strive to ensure that all participants in kindergarten through the 6th grade can participate in the LTYA Cheer programs regardless of skill level, ability, disability, skill level, talent, or financial need. Coaches and parents are expected to maintain a safe, positive, and nourishing environment.

Cheer programs are co-ed.

### **CHEER UNIFORM**

Cheer programs will be using the same uniform as the Fall 2023 season. LTYA Cheer Pop Warner uniforms will be required to have a Pop Warner Patch on the Cheer top and cheer skirt. Patches will be provided by LTYA.

Uniform costs are not included in the registration fees. Uniform Includes cheer top, Cheer skirt, Briefs, White Cheer Shoes, Poms and Bow. Backpacks are optional.

Varsity is our uniform vendor. Cheer top, Cheer skirt, briefs and optional backpacks will be directly purchased from Varsity. The deadline to order your uniform is JUNE 3RD. No orders will be processed after this date. So, order early!

#### **BOW and POMS**

**NEW BOW for 2024!** Your bow order will be placed during the registration process. If you need to order poms, you can also purchase during the registration process.

# **CHEER SHOES:**

Any White Cheer Shoe is required. Order a shoe of your choice.

Options:

<u>Amazon</u>

<u>Academy</u>

# **FITTINGS**

If you are new to LTYA Cheer, you will only need to attend one fitting. If you have a uniform from fall of 2023 and you would like to purchase another size, you can sign up for any one of our three fittings. We will have a sign-up link as we get closer to the fitting dates.

#### Location

High Five in Lakeway 1502 Ranch Rd. 620 S. Lakeway, TX 78734

#### **Dates**

Saturday March  $30^{th}$  Noon -3:00pm Sunday April  $21^{st}$  Noon -3:00pm Wednesday May  $15^{th}$  4:30-6:00pm

# **CAMP**

Cheer Camp are for both Cheer Programs

Date/Location TBD but will be scheduled in August

#### **PRACTICES:**

LTYA Cheer Pop Warner will start practices on August 1st. Cheerleaders will need to condition 10 hours before stunting. Practices and locations will be at the discretion of LTYA Cheer Pop Warner Coaches.

LTYA Cheer Recreational practices will start when the season starts and will be held once a week. Practice location, date and times are TBD by the coaches.

#### **GENERAL FAQ'S**

Q: How long is the season? What is the commitment level?

A: The Fall Football season is typically 8 weeks. Games begin in September and last through early November with a playoff tournament.

Game times for LTYA Recreational Cheer is approximately one hour and LTYA Cheer Pop Warner can last anywhere from 1.5 -2 hours. Game schedules will be published **once we receive the football schedules in August** and will be added to the website at that time.

Q: Will we have to travel to the away games?

A: LTYA Cheer Recreational performs at home games only for LTYA NFL Flag
LTYA Cheer Pop Warner performs at home games and away games are optional.
This program cheers for LTYA Pop Warner Tackle Football.

Q: What are the game dates?

A: All game dates will be announced once we receive the Fall Football schedule in August. We will update accordingly. Game days are on Saturdays.

Q: What if my child has never cheered or danced before?

A: LTYA is a recreational Cheer and LTYA Pop Warner Sideline Cheer programs do not compete. All skill levels and abilities are welcome to participate.

Q: Can my child participate in LTYA Cheer and Lil'Lettes?

A: No. Based on prior years experiences, it's best if you register your child for one program.

Q: When is the final date to order uniforms?

A: ALL orders MUST be placed no later than June 3rd.

Q: Can my child cheer on the same squad as her friend or sibling?

A: Cheer will have multiple squads; we will make every attempt to honor placement requests but cannot guarantee squad placement. When registering, please note any special requests. The squad placements are first determined by grade/school, the number of girls participating and the number of coaches available to lead the squads.

Q: How can I volunteer?

A: LTYA is always looking for great volunteers! You can volunteer your time as a head coach, assistant coach, team mom or volunteer at events throughout the year. If you are interested, you can sign up when you register your child. Also, please go to <a href="www.ltya.org">www.ltya.org</a> for volunteer requirements which can be found on the "Volunteer" tab. For any volunteer questions and assistance, you can call the LTYA office at (512) 261-1900.

Q: How many days/hours are practices during the season?

A: Beginning in late August/early September, there will be 1 practice per week during the season. Practice is not mandatory but is recommended. Should you miss a practice, you may still attend and participate in the game.

Q: What should my child bring to practice?

A: Please make sure your child comes dressed in athletic wear, hair pulled up, tennis shoes (no sandals, flip flops, etc.), no jewelry and plenty of water. We request that practices are closed to parents, as it makes practices run smoother. We truly appreciate your understanding.

- Q. Are there other activities that we are required to attend outside practice and games?
   A. We have exciting opportunities throughout the season! These include LTYA Night at one of the LTHS Football Game and LTHS Homecoming parade!
- Q. Is there a year end performance?

A. Yes, at the end of the season we have a performance where awards will be distributed. Each squad will perform for parents, family, and friends! We love to have the chance to let our girls showcase all their skills and talents that they have learned throughout the season.

### OTHER:

We have been honored to have the help from the LTHS Cavalettes, Red Rubies and LTHS Varsity and JV Cheer Teams! They participate and assist weekly during our Saturday Football Games. It is a wonderful volunteer opportunity for those students and an amazing mentor relationship for the younger girls.

If you wish to learn more about LTYA Cheer programs or want to volunteer, please contact: